

Образец составления рассказа о себе:

The medical student about himself

My name is I was born in ... in Ishim. I am ... years old.

This year I finished the secondary school. From earliest schooldays I had dreamed to become a doctor. This year I passed the General State Examinations successfully and entered the Nursing Affair Department of the Ishim Medical College. Now I'm a first-year student of the College.

I want to tell you a few words about my family. My family is large. I have got a mother, a father, a sister, a brother and a grandmother. My mother is a pediatrician. She works at a clinic. She is a good-looking woman with brown hair. She is forty-four but she looks much younger. My mother keeps house and takes care of me, my brother and my father. She is very good at cooking and is clever with her hands. My father and I try to help her with the housework. I wash the dishes, go shopping and tidy our flat.

My father is a computer programmer. He is a broad-shouldered, tall man with fair hair and grey eyes. He is forty-six. He is also handy with many things. When we are at home and have some free time, we watch video or football matches together. My parents have been married for twenty-six years. They have much in common, but they have different views on music, books, films, and sports. But they have the same opinion about my education and upbringing.

My grandmother is a pensioner. She lives with us and helps to run the house. My sister Helen is twenty-three. She is married and has a family of her own. She works as an accountant at a joint venture company. Her husband is a lawyer. They have a son. They live not far from us.

My brother Alex is fifteen. He is a schoolboy. He wants to become an economist, but he is not sure yet. And some words about me. I'm tall, fair-haired and even-tempered. I always try to be in a good mood.

We have a lot of relatives. We are deeply attached to each other and we get on very well.

Лексический словарь к тексту:

- to be born - родиться
- secondary school - средняя школа
- General State Examinations - единые государственные экзамены (ЕГЭ)
- successfully - успешно
- to enter - поступать
- the Curative Affair Department – отделение «Лечебное дело»
- the Nursing Affair Department – отделение «Сестринское дело»
- the Obstetrician Affair Department – отделение «Акушерское дело»
- good-looking - красивый, миловидный
- to be clever with smb's hands - иметь умелые руки
- to be handy with smth. - уметь делать что-либо
- upbringing - воспитание
- to run the house - вести хозяйство
- accountant - бухгалтер
- joint venture company - совместное предприятие
- fair-haired - светловолосый
- even-tempered - уравновешенный
- to be in a good mood - быть в хорошем настроении

- to be deeply attached to smb. - быть сильно привязанным к кому-либо
- to get on well - быть в хороших отношениях, ладить друг с другом
- household duties - домашние обязанности
- to be married - быть замужем (женатым)

Полезные фразы при составлении рассказа о себе:

- Let me introduce myself – Позвольте представиться
- Let me tell you a few words about myself – Позвольте мне рассказать немного о себе
- My name is Valentin – Меня зовут Валентин
- I was named after my grandmother – Меня назвали в честь бабушки
- I am 25 years old – Мне 25 лет
- I was born in 1988 – Я родился в 1988 году
- I will be 20 next October – Мне исполнится 20 в следующем октябре
- I am from Saint Petersburg – Я из Санкт-Петербурга
- I come from a large/ small family – Я из большой/ маленькой семьи
- All members of my family are helpful and friendly – Все члены моей семьи дружелюбные
- There are five of us in the family – В семье нас пятеро
- We get on well with each other – Мы хорошо ладим друг с другом
- I have a father a mother and two younger brother/ sister – У меня есть папа, мама и два младших брата/ сестры
- I finished school in 2010 – Я окончил школу в 2010 году
- I am a student of London University of the Arts – Я студент Лондонского Университета Искусств
- I am a first-year/ second-year student – Я учусь на первом/втором курсе
- I am in my first/second/third year – Я учусь на первом/втором/третьем курсе
- My major is Psychology/ I major in Psychology – Моя специальность – психология
- I graduated with honours – Я закончил учебу с отличием
- I was trained as a lawyer – Я получил образование юриста
- At University I studied many subjects – В университете я изучал много предметов
- I am /I work as a teacher – Я работаю учителем
- In future I want to be a lawyer – В будущем я хочу стать юристом
- I work for (the name of the company) – Я работаю в (название компании)
- I am looking for a job at the moment – На данный момент я в поиске работы
- I am unemployed at the moment – На данный момент я безработный
- As for my interests, I am fond of music – что касается моих интересов, я увлекаюсь музыкой
- I am keen on sport – Я увлекаюсь спортом
- I can play tennis very well – Я хорошо умею играть в теннис
- I am interested in history – Я интересуюсь историей
- When I have some free time I go to the gym – Когда у меня есть свободное время, я хожу в спортзал
- In my free time I usually read books – В свободное время я обычно читаю книги
- My best qualities are patience and creativity – Мои лучшие качества это терпение и творческий подход
- I am a communicative person and I have a lot of friends – Я общительный человек и у меня много друзей
- Sometimes I can be lazy – Иногда я могу быть ленивым

- I like to associate with polite and intelligent people – Я люблю общаться с воспитанными и интеллигентными людьми
- I appreciate sincerity and trust – Я ценю искренность и честность
- I hate when people lie and betray – Я ненавижу когда люди врут или предают
- In future I want to be a doctor – В будущем я хочу стать доктором
- I want to become a famous person – В будущем я хочу стать знаменитым
- My dream is to travel around the world – Моя мечта – путешествовать по миру